

# Moon Valley Chiropractic

## *25 Years and Counting of Personalized Care That Prioritizes People First*

Hello Moon Valley neighbors,

I'm **Dr. Jamey Reichow**, and it's my honor to be entering my 16<sup>th</sup> year here, continuing our tradition of excellence at **Moon Valley Chiropractic** — a trusted, community-centered practice in the heart of Moon Valley. As a Chiropractic Physician, lifelong sports enthusiast and avid golfer, I understand how movement, flexibility, and alignment affect not only physical performance but also quality of life. As a husband, father of two, a health advocate and a neighbor, I understand how much your family's well-being matters. My mission is simple yet deeply rooted: **to support the health and vitality of our entire community** — from infants and growing families to athletes, seniors, and everyone in between.

When you choose Moon Valley Chiropractic, you'll see me personally — not a rotating group of doctors or rushed visits. **Our service model emphasizes conscientious care**, compassion, and communication, ensuring continuity, trust, and tailored treatments. Every visit is intentional; and focused on what matters most — your comfort, progress, and long-term wellness. My priority is to listen, assess, and address your needs. This personal approach is at the core of what I do.

I've built my practice on one simple belief: quality chiropractic care should be individualized, accessible, and centered on each patient's needs through personal attention, genuine relationships and reliable results. For 25 years, Moon Valley Chiropractic has grown, not through high-volume traffic and exposure, but through genuine word-of-mouth **referrals from satisfied patients**. That trust — passed from neighbor to neighbor, friend to friend — is the greatest compliment we could receive and we are immensely grateful. We're proud to serve this community, quietly but meaningfully — one patient, one family, and one success story at a time.

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### Who We Are: Rooted in Moon Valley, Grown Through Trust

We may not shout the loudest, but our patients know: when you walk through our door, you're not just a number, you're a neighbor. In a world where many clinics focus on seeing as many patients as possible, we've chosen a different path. We're committed to be a **purpose-driven, patient-centered** practice — one that values **connection over volume** and always focuses on **people first**.

Every appointment is a one-on-one opportunity to listen, understand, and create an effective treatment plan. Whether you're recovering from an injury, improving your athletic performance, preparing for childbirth, optimizing health and wellness, or simply aiming to live with less pain, I'm here to support you every step of the way.

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### What We Do: Thoughtful, Conscientious Chiropractic Care

At Moon Valley Chiropractic, we provide **comprehensive, customized, evidence-based chiropractic care** designed to help your body move, heal, and thrive naturally. Every patient receives services built around individual needs, lifestyle, comfort, and goals.

**Our treatments may include:**

- Manual spinal adjustments for optimal alignment

- Gentle activator methods for slower, gentler integrations in unique situations
- Spinal decompression therapy for disc and nerve relief
- Electronic stimulation and ultrasound to reduce inflammation and speed healing
- Radial pressure wave therapy for chronic pain and soft tissue recovery
- All services thoughtfully curated to nurture your body and well-being

By combining **advanced techniques with hands-on expertise**, we help patients achieve lasting relief, restored mobility, and improved overall wellness. Our focus is on delivering the most complete, individualized chiropractic care available in the area — because no two bodies, injuries, or wellness journeys are the same.

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## Who We Help: Patients of All Ages and Stages

I've seen what consistent, customized care can do — not just for relieving pain, but for restoring confidence, comfort, and energy. No matter your age or activity level, our goal is the same — to help you **feel better, move better, and live better**.

Our patients include:

- Athletes and weekend warriors
- Seniors and retirees
- Laborers and office workers
- Service professionals
- Expectant mothers
- Infants, children, students

We treat a wide range of conditions, including:

- Neck, back, and joint pain
- Sciatica, posture, and alignment issues
- Headaches, TMJ, and jaw tension
- Shoulder, elbow, wrist, knee, and ankle pain
- Asthma, allergies, and related conditions responsive to chiropractic care
- Sprains and strains from sports injuries

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## What You Can Expect as a Patient

- **Personalized attention** — always from me, never a substitute
- **Customized care plans** tailored to your comfort, goals, and schedule
- **Same-day appointments** as often as possible when you need relief quickly
- **Affordable self-pay options** when insurance does not cover you, care is still accessible
- **Insurance reimbursement support** through most major carriers (including Medicare)
- **A calm, welcoming environment** designed for comfort and healing
- **Specialized care** to meet your needs delivered in a friendly and professional manner

My office is designed to be a *welcoming* space where you're treated like a person — not a patient file. Every adjustment and every recommendation is made with care, intention, and your long-term health in mind. This isn't a clinic where patients are rushed through an assembly line. It's a practice where every minute matters — your health deserves our full attention.

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## Experience That Matters: That Spans Every Stage of Life

I earned my Doctorate from the **Southern California University of Health Sciences** in 2004. My early experiences — from performing high school physicals and volunteering with children recovering from brain injuries to advocating for holistic care in Washington D.C. — molded my belief in **accessible, compassionate, and drug-free healing**. After moving to Arizona, I worked with two of the state's **professional sports teams**, where I mastered my craft in a precision environment and honed my capacity to zone in on swift individualized response. Today, I bring that same focus to every patient — from elite athletes to growing families to aging seniors.

I initially worked in a high-volume practice but quickly realized that true healing happens when doctors have time to connect authentically with patients. These interactions shaped my deep commitment to **accessible, patient-centered** chiropractic care — care that empowers the body to heal naturally and thrive. I have considerable experience in **prenatal and pediatric chiropractic care**, providing safe, gentle, and effective treatments for expectant mothers, infants, and children at every stage of development. Today, I bring my dedicated focus and care to every patient — infants and parents, growing kids and expectant moms, to weekend warriors and grandparents.

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## Why Our Patients Choose Us: Rooted in Moon Valley, Trusted for Results, Growth Through Word of Mouth

Our goal isn't to see the most patients — it's to see each patient best. It's what keeps us deeply connected to the people we serve. When you walk through our doors, you'll experience a **calming, attentive environment** and the reassurance of knowing you'll always see me personally. Every adjustment, every therapy, and every conversation is designed to support you. Moon Valley Chiropractic has grown quietly, and steadily, through organic word-of-mouth referrals from satisfied patients who've shared their experiences with friends and family. That's the greatest compliment any doctor can receive — when neighbors recommend us to friends, family, and colleagues.

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## Ready for Care That Puts You First?

If you're looking for a chiropractor who knows you by name, listens to your story, and designs care specifically for *you*, I'd be honored to welcome you to our practice and to help you reach your goals.

Whether you're:

- Seeking pain relief
- Recovering from an injury
- Enhancing athletic performance
- Preparing for childbirth
- Interested in greater health and wellness

At Moon Valley Chiropractic:

- You're not a number — you're a neighbor.
  - Every plan is **personalized to your comfort**, needs, body, goals, and lifestyle.
  - Every visit matters.
  - We focus on results so you can live your best life.
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## Let's Connect

Moon Valley Chiropractic – Office of Dr. Jamey Reichow D.C.


📍 Located in the heart of Moon Valley, Moon Valley Plaza, North Phoenix


☎ Call to **schedule an appointment 602-298-0292**


🌐 [www.MoonValleyChiropractic.com](http://www.MoonValleyChiropractic.com)


🌙 Moon Valley Chiropractic: Real Care. Real Results. Right Here in Our Community.

📱 Find us on Facebook: <https://www.facebook.com/MVChiro/>

**Brad Diemer**  
9 reviews  
★★★★★ 4 months ago  
Dr Jamey Reichow is honest and down to earth with real treatments focused on the patient! Reasonable prices and no unnecessary treatments. Highly recommended!  
❤️ Press and hold to react

**Chelsea Marie**  
5 reviews · 1 photo  
★★★★★ a day ago **New**  
Dr. Reichow is absolutely amazing! He has been wonderful during my pregnancy and helping me find some comfort and relief. Jena is the best with customer service and always has a smile on her face! Highly recommend Moon Valley Chiropractic!

**Jason Kinman**  
4 reviews · 2 photos  
★★★★★ 3 months ago  
I've enjoyed many visits to Moon Valley Chiropractic. Dr. Jamey and his staff are very welcoming and helpful. Dr. Jamey always takes his time and explains things. It's a great experience.

**Oscar Cruz**  
4 reviews  
★★★★★ a month ago  
Really helped me out in a time of need. My back was in a lot of pain and he got me moving in no time. Appointments are easy to get and not a long wait when im there either.

**Turell Huff**  
1 review  
★★★★★ 5 days ago **New**  
Love this place! Doc is the most personable chiropractor you could meet. They provide a variety of services and have been essential for me over the last year.